Spirit of the Game Score Sheet

Spirit of the Game is a fundamental part of (Beach) Ultimate. With this in mind the sheet was designed to educate teams in SOTG and help teams achieve a better understanding of their strengths and weaknesses in terms of Spirit.

Your whole team should be involved in rating the other team! Simply circle one box in each of the five lines and sum up the points to determine the Spirit score for the other team.

Our team name

Their team name

Day

	0 Points	1 Point each	2 Points each	3 Points each	4 Points each
1. Rules Knowledge and Use For example: They did not make unjustified calls. They did not purposefully misinterpret the rules. They kept to time limits. They were willing to teach and/or learn the rules	0 poor	not so good	2 good	3 very good	4 excel-lent
2. Fouls and Body Contact For example: They avoided fouling, contact, and dangerous plays	0 poor	not so good	2 good	3 very good	4 excel-lent
3. Fair-Mindedness For example: They apologized for their own fouls. They informed teammates when they made wrong or unnecessary calls. They were willing to admit that we were right and retracted their call	0 poor	not so good	2 good	3 very good	4 excel-lent
4. Positive Attitude and Self-Control For example: They introduced themselves. They communicated without derogatory or aggressive language. They complimented us on our good plays. They left an overall positive impression during and after the game, e.g. during the Spirit circle	0 poor	not so good	2 good	3 very good	4 excel-lent
5. Our Spirit compared to theirs How did our team compare to theirs with regards to rules knowledge, body contact, fair-mindedness, positive attitude and self-control?	our spirit was much better	our spirit was slightly better	our spirit was the same	our spirit was slightly worse	our spirit was much worse

Total Points ← 0 + + + + +

Approved by

WFDF WORLD FLYING DISC FEDERATION & BULA Beach Ultimate Lovers Association